



**C.B.S / PARADISE COMMUNITY FOOD BANK**  
**CHRISTMAS HAMPERS 2011**

Thank you to all those who have supported the Food Bank with donations of food and money throughout the year.

For Christmas we ask everyone to get involved and help provide our share of the approximately 300 Christmas Hampers that the Food Bank will make up for families in need in the C.B.S. and Paradise areas.

Again this year our share is 40 hampers and the Food Bank is asking that we all make monetary donations so that the Food Bank can make a bulk purchase of the items required. This will mean that the preparation and distribution of the hampers can all be done on the same day, Tuesday December 20<sup>th</sup>.

Special envelopes are available for your donation:

\$50.00 provides a Full Hamper  
\$20.00 provides a Turkey  
\$10.00 provides fresh fruits & vegetables  
\$ 5.00 provides other items needed

Please give as you are able. Donations will be received up until December 18<sup>th</sup>.

Anyone in need of a Christmas Hamper should register with the Food Bank before Dec 9<sup>th</sup>.



## **2011 CHRISTMAS HAMPER CONTENTS**

Turkey  
Cranberry sauce  
Breadcrumbs  
Savory  
Vegetable Hamper  
Fresh fruit – apples, oranges,  
Apple/Orange juice  
Cereal  
Bread  
Eggs  
Soup  
Crackers  
Cookies  
Tin peas/carrots  
Tin Fruit  
Cake mix  
Whipped Topping  
Jello  
Box of Chocolates

